



#### Acronym Key

- **ACEs:** Adverse Childhood Experience
- **ACSW:** Academy of Certified Social Workers
- **AF-CBT:** Alternatives for Families: a Cognitive Behavioral Therapy
- **ATRIUAnaM:** Addiction and Trauma Recovery Integration Model
- **ATR-BC:** Registered Art Therapist – Board Certified
- **CASAC:** Credentialed Alcoholism and Substance Abuse Counselor
- **CBITS:** Cognitive Behavioral Intervention for Trauma in Schools
- **CPP:** Child-Parent Psychotherapy
- **CPT:** Cognitive Processing Therapy
- **CRC:** Certified Rehabilitation Counselor
- **DBT:** Dialectical Behavior Therapy
- **EMDR:** Eye Movement Desensitization and Reprocessing
- **IFS:** Internal Family Systems
- **LCAT:** Licensed Creative Arts Therapist
- **LMSW:** Licensed Master of Social Work
- **LCSW/LCSW-R:** Licensed Clinical Social Worker/LCSW with Reimbursement Privilege
- **LMHC:** Licensed Mental Health Counselor
- **MBCT:** Mindfulness-Based Cognitive Therapy
- **MBSR:** Mindfulness-Based Stress Reduction
- **MH:** Mental Health
- **NCC:** National Certified Counselor
- **OMH:** Office of Mental Health
- **PSB-CBT:** Problematic Sexual Behavior Cognitive Behavioral Therapy
- **RPT/RPT-S:** Registered Play Therapist/Registered Play Therapist-Supervisor
- **RRT:** Rapid Resolution Therapy
- **RYT:** Registered Yoga Teacher
- **SD PTSD Therapy:** Substance Dependence Post-Traumatic Stress Disorder Therapy
- **SIT:** Stress Inoculation Training
- **SPARCS:** Structured Psychotherapy for Adolescents Responding to Chronic Stress
- **STAIR:** Skills Training in Affective and Interpersonal Regulation

- **SUD:** Substance Use Disorder
- **TF-CBT:** Trauma-Focused Cognitive Behavioral Therapy
- **TF:** Trauma-Focused

# Western New York Community-Based Agencies

## **AspireHopeNY, Inc** **Phone: (607) 776-2164**

Contact: Director Jeannine Struble <a href="mailto:AHNY@aspirehope.org">AHNY@aspirehope.org</a> 25 W Steuben St Bath, NY 14810	Peer-Run Family Support Organization	STAIR ATRIUM Seeking Safety SD PTSD Therapy Trauma Recovery & Empowerment Model
---	---	--

## **Behavioral Health - The Resource Center** **Phone: (716) 485-2692**

Contact: Nicole Muccheck, Director of Behavioral Health & Care Coordination <a href="mailto:Nicole.muccheck@resourcecenter.org">Nicole.muccheck@resourcecenter.org</a> 880 E. 2 <sup>nd</sup> St Jamestown, NY 14701	Outpatient Clinic Providing Services to All Ages <i>Accepts most insurance plans</i> <i>Sliding-scale &amp; payment plans</i> <i>available</i>	TF-CBT Narrative Therapy EMDR CPT Seeking Safety SD PTSD Therapy Trauma Recovery & Empowerment Model
---	--	---

## **BestSelf** **Phone: (716) 646-4991 ext 1603**

Contact: Mary Kruszka, LMSW <a href="mailto:mkruszka@bestselfwny.org">mkruszka@bestselfwny.org</a> 140 Pine St Hamburg, NY 14075	Clinician at Best Self Providing Counseling Services to All Ages <i>Accepts most insurance plans</i> <i>Sliding-scale and payment plans</i> <i>available</i>	EMDR Trauma-Informed Counseling
---	--	---------------------------------------

## **Best Self** **Phone: (716) 445-6135**

Sarah Barth <a href="mailto:sbarth@bestselfwny.org">sbarth@bestselfwny.org</a> 301 Cayuga Rd Buffalo, NY 14225	Clinician at Best Self Providing Outpatient Counseling Services <i>Accepts most insurance plans</i> <i>Sliding-scale and payment plans</i> <i>available</i>	EMDR TF-CBT
---	---	----------------

## **BestSelf WNY- Building Brighter Futures** **Phone: (716) 901-6826**

Contact: Peggy Buckley <a href="mailto:pbuckley@bestselfwny.org">pbuckley@bestselfwny.org</a> 301 Cayuga Rd Buffalo, NY 14225	Afterschool Program through Best Self WNY	TF-CBT Solution Focused Skill Building Social/Emotional Learning
--	--	---

## **BestSelf @ Learning and Development** **Phone: (716) 882-3151**

Contact: Stephanie Horner  
[shorner@bestselfwny.org](mailto:shorner@bestselfwny.org)  
768 Delaware Ave  
Buffalo, NY 14209

Clinician at Best Self Providing  
Services to Adults referred for  
EMDR  
*Accepts most insurance plans*

EMDR

**Cattaraugus County Counseling Center** **Phone: (716) 373-8040**

Contact: Amy Mann  
[almann@cattco.org](mailto:almann@cattco.org)  
1 Leo Moss Dr  
Suite 4308  
Olean, NY 14760

Outpatient Behavioral Health  
Clinic with Multiple Sites

TF-CBT  
Narrative Therapy  
EMDR  
Exposure Therapy  
Progressive Counting

**Center for Family Development** **Phone: (716) 636-6243**

Contact: Arthur Becker-Weidman, PhD  
[AWeidman@concentric.net](mailto:AWeidman@concentric.net)  
5920 Main St  
Suite 406  
Williamsville, NY 14221

Licensed Psychologist  
Providing Counseling Services  
to All Ages  
*Accepts most major insurance  
plans  
Payment plans available*

TF-CBT  
Narrative Therapy  
CPT  
Exposure Therapy  
Seeking Safety  
SD PTSD Therapy  
Trauma Recovery &  
Empowerment Model  
Dyadic Developmental  
Psychotherapy  
Attachment-Focused  
Treatment

**Compass House** **Phone: (716) 886-1351**  
**Hotline: (716) 886-0935**

Contact: Lisa Freeman  
[lfreeman@compasshouse.org](mailto:lfreeman@compasshouse.org)  
1451 Main St  
Buffalo, NY 14209

Shelter & Resource Center for  
Runaway & Homeless Youth

Trauma-Informed  
Case Management

**Compeer Rochester** **Phone: (585) 546-8280**

Contact: Sara Passamonte  
[info@compeerbuffalo.org](mailto:info@compeerbuffalo.org)  
259 Monroe Ave  
Rochester, NY 14607

Non-Profit Organization Providing  
Non-Clinical Support Services to  
Individuals Living with a Mental  
Health Diagnosis  
*Accepts Fidelis, Medicaid, United, &  
Excellus  
Most services are free*

Trauma Recovery &  
Empowerment Model

**Community Missions of Niagara Frontier, Inc.** **Phone: (716) 285-3403**

Contact: Christian Hoffman  
[choffman@communitymissions.org](mailto:choffman@communitymissions.org)  
1570 Buffalo Ave  
Niagara Falls, NY 14303

Community Based Agency  
Providing Clinical & Support  
Services to Adults & Adolescents  
*Accepts Medicaid/Medicare  
Sliding-scale available*

Narrative Therapy  
Restorative Services

**Crisis Services** **Phone: (716) 834-2310**

[info@crisisservices.org](mailto:info@crisisservices.org)

100 River Rock Dr.

Suite 300

Buffalo, NY 14207

Private Non-Profit Organization Serving

All Ages, Assists with Referrals

Exposure Therapy

Narrative Therapy

Open-Access Hotline

---

**ECMC – Adult, Child, & Family Clinic****Phone: (716) 898-3255**

ECMC Hospital  
462 Grider St  
Buffalo, NY 14215

Outpatient Clinic Providing  
Counseling Services to All Ages  

---

*Accepts most insurance plans,  
Sliding-scale & payment plans  
available*

TF-CBT  
Narrative Therapy  
Seeking Safety

---

**ECMC @ Tranquil Waters Counseling****Phone: (716) 449-0494**

Debra Riter [driter@ecmc.edu](mailto:driter@ecmc.edu)  
4535 Southwestern Blvd.,  
Hamburg, NY 14075

Outpatient Clinician Through  
ECMC Hospital Working with All  
Ages  
*Accepts Blue Cross/ Blue Shield of  
WNY, Independent Health,  
Univera & financial assistance  
available*

Narrative Therapy  
EMDR  
TF-CBT  
Seeking Safety  
CPT

---

**Endeavor Health Services****Phone: (716) 898-6700**

1526 Walden Ave  
Suite 400  
Cheektowaga, NY 14225

Non-Profit Behavioral Health  
Organization  

---

*Accepts Most Insurance Plans  
Sliding-Scale Available*

TF-CBT  
EMDR  
Progressive Counting  
Seeking Safety  
SD PTSD Therapy

---

**Evergreen Health****Phone: (716) 847-2441**

Contact: Carrie Rich  
[crich@evergreenhs.org](mailto:crich@evergreenhs.org)  
206 S. Elmwood Ave  
Buffalo, NY 14021

Outpatient Mental Health Clinic  
Providing Services to Adults  

---

*Accepts Most Insurance Plans  
Sliding-Scale & payment plans  
available*

TF-CBT  
EMDR  
CPT  
Exposure Therapy  
STAIR  
ATRIUM  
Seeking Safety  
SD PTSD Therapy  
Trauma Recovery &  
Empowerment Model

---

**Family Counseling Associates****Phone: (716) 836-9460**

884 Brighton Rd  
Tonawanda, NY 14150

Private Practice Group Providing  
Counseling Services to All Ages  

---

*Accepts BCBS, IHA, Fidelis,  
Medicare, & Univera*

EMDR

---

**Family Support Center – Hamburg School District****Phone: (716) 646-3200**

5305 Abbott Rd  
Hamburg, NY 14075

Mental Health Center Providing  
Services to Children and Families  
in the Hamburg School District

TF-CBT  
Exposure Therapy  
EMDR

---

Services are free to school district residents

---

<b>Harmonia Collaborative Care</b>		<b>Phone: (716) 947-5025</b>
Contact: Valerie Nowak <a href="mailto:vnowak@harmonia-care.org">vnowak@harmonia-care.org</a> 6722 Erie Rd Derby, NY 14047	Outpatient Clinic Providing Services to Ages 13+ <i>Accepts most insurance plans</i> <i>Payment plans available</i>	TF-CBT EMDR Exposure Therapy SD PTSD Therapy Progressive Counting

<b>Harvest House – Good Neighbors Health Care</b>		<b>Phone: (716) 856-2400</b>
Contact: Kaitlynn Gannon, Director <a href="mailto:goodneighbors@harvesthousebuffalo.org">goodneighbors@harvesthousebuffalo.org</a> 175 Jefferson Ave Buffalo, NY 14210	Primary Care, Dental Care, Insurance Enrollment, referral navigation for additional resources. <i>Services are 100% free, no insurance required. Walk ins only, first-come, first served.</i>	Trauma Recovery & Empowerment Model

<b>Hillside Children’s Center</b>		<b>Phone: (716) 848-6408</b>
Contact: Debra Benedick <a href="mailto:dbenedic@hillside.com">dbenedic@hillside.com</a> 131 Orchard Park Rd. West Seneca, NY 14224	Community Based Foster Care & Waiver Services <i>No payment required, services are free</i>	TF-CBT Narrative Therapy CPT

<b>Horizon Health Services</b>		<b>Phone: (716) 831-1800</b>
Over 20 Locations Throughout WNY Horizons Corporate Office 55 Dodge Rd Getzville, NY 14068	Non-Profit Organization Providing SUD Stabilization, Residential & SUD/MH Outpatient Services <i>Accepts Most Insurance Plans</i> <i>Payment plans &amp; financial assistance available</i>	TF-CBT EMDR Narrative Therapy CPT

<b>Jericho Road Community Health Center</b>		<b>Phone: (716) 886-0771</b>
Contact: Sandra Dawes <a href="mailto:sondra.dawes@jrhc.org">sondra.dawes@jrhc.org</a> 1500 Main Street Buffalo, NY	Community Health Center Providing Services to All Ages <i>Accepts all insurance plans, financial assistance available</i>	Seeking Safety (asylum seekers)

<b>Jewish Family Services – WNY Center for Survivors of Torture 1914 x340</b>		<b>Phone: (716) 883-</b>
Contact: Danielle Bernas <a href="mailto:dbernas@jfswny.org">dbernas@jfswny.org</a> 70 Barker St. Buffalo, NY 14209	Non-Profit Community-Based Health & Social Services Organization Providing Care- Coordination Services to Torture Survivors	Trauma-Sensitive Care

<b>Little People’s Victory</b>		<b>Phone: (716) 864-4738</b>
<a href="mailto:littlepeoplesvictory@gmail.com">littlepeoplesvictory@gmail.com</a> 63 Nicholas Dr North	Community Centered Holistic Wellness Coaching <i>Private Pay Only</i>	Life Coaching Consulting

Tonawanda, NY 14150

*Sliding-scale & payment plans available*

**Mental Health Association in Chautauqua County Phone: (716) 661-9044**

31 Water St  
Suite 7  
Jamestown, NY 14701

Peer Recovery Community  
Organization Providing Support  
Services

Seeking Safety  
Trauma Support Groups

*All services are free*

**Miriam Center for Hope Phone: (716) 373-6735**

[miriamcenterforhope@gmail.com](mailto:miriamcenterforhope@gmail.com)<sup>11</sup>  
2 South Clinton St  
Olean, NY 14760

Private Practice Group  
Providing Counseling Services  
to All Ages

TF-CBT  
Narrative Therapy  
EMDR

*Accepts some insurance, some  
clinicians cash only  
(\$35/session)*

*Sliding-Scale Available*

**Narins Eating Disorder Center Phone: (716) 688-5372**

Contact: Tracy Welchoff,  
PhD  
[tracy@welchoff.com](mailto:tracy@welchoff.com)  
2430 North Forest Rd  
Suite 130  
Amherst, NY 14058

Intensive Outpatient & Partial  
Hospitalization Program for Eating  
Disorders

*Accepts BCBS of WNY, IHA, & Univera  
Sliding-scale & payment plans available*

CPT  
Exposure Therapy  
STAIR  
SIT

**People Against Trafficking Humans (PATH) – Enrichment Center Phone: (716) 601-5678**

Contact: Julie Palmer, Executive  
Director  
[info@pathofwny.org](mailto:info@pathofwny.org)  
999 Delaware Ave  
Buffalo, NY 14209

Faith-Based Non-Profit  
Organization Providing Drop-In  
Services to At-Risk Women &  
Youth Affected by Sex or Labor  
Trafficking

*All services are free  
Adults and youth (women/men)*

Support services  
Seeking Safety  
Trauma Recovery &  
Empowerment Model  
Art/Music Therapy  
Medical and Substance  
Use Care  
Counseling Support  
Groups

**People Inc. Phone: (716) 866-5358**

Contact: Dawn MacMurray  
[dmacmurray@people-  
inc.org](mailto:dmacmurray@people-inc.org)  
1219 North Forest Rd.  
Williamsville, NY 14127

Human-IDD Service Provider

Seeking Safety  
Trauma Recovery  
& Empowerment  
Model

**Recovery Hope Begins Here - Orleans Phone: (585) 590-4418**

243 South Main St  
Suite 190  
2<sup>nd</sup> Floor Conference Room  
Albion, NY 14411

Non-Profit Organization Providing  
Residential Services to Domestic &  
Sexual Violence Victims

*All services are free*

Trauma Recovery &  
Empowerment Model

**Springville Griffith Institute – Family Support Center** **Phone: (716) 592-3217**

Contact: Kathy Townsend 232 North St Springville, NY 14141	School Family Support Center Providing Counseling & Coordination to Children & Families	TF-CBT Narrative Therapy
--	--	-----------------------------

**Spectrum Health & Human Services** **Phone: (716) 539-5500**

<i>Locations all throughout WNY</i> Administration Office 227 Thorn Ave Orchard Park, NY 14127	Outpatient Mental Health Agency Providing Services to All Ages <i>Accepts most insurance plans</i> <i>Sliding-scale available</i>	TF-CBT Narrative Therapy CPT EMDR Exposure Therapy Progressive Counting
---	--	--

**Sweet Home Central School District** **Phone: (716) 250-1229**

Contact: Anne Nowak <a href="mailto:anowak@sweethomeschools.org">anowak@sweethomeschools.org</a> 01 Sweet Home Rd Amherst, NY 14228	District Program Providing Services & Care Coordination to Children & Families <i>Accepts most insurance plans</i> <i>Sliding-scale &amp; grants available</i>	TF-CBT EMDR CPT
--	--	-----------------------

**The Salvation Army – Anew Center** **Phone: (716) 485-8651**

Contact: Diana Butcher <a href="mailto:dbutcher@use.salvationarmy.org">dbutcher@use.salvationarmy.org</a> 83 S. Main St Jamestown, NY 14701	Domestic Violence & Sexual Assault Program Providing Shelter & Case Management Services	Care Coordination
--	---	-------------------

**Transitional Services, Inc** **Phone: (716) 436-5838**

Contact: Sarah Erick <a href="mailto:Serick@tsiwny.org">Serick@tsiwny.org</a> 389 Elmwood Buffalo NY 14222	Non-Profit Mental Health Organization Providing Residential & Care Management Services Accepts all insurance plans	Supportive Housing Emergency Housing Service
---	---	--

**University at Buffalo Psychological Services Center** **Phone: (716) 645-3697**

Contact: Sarah Taber-Thomas <a href="mailto:Ub.psychservices@gmail.com">Ub.psychservices@gmail.com</a> 168 Park Hall University at Buffalo Buffalo, NY 14228	Outpatient Clinic Providing Services to All Ages <i>Private pay only – fees based on income</i> <i>Sliding-scale and payment plans available</i>	TF-CBT CPT CBT Prolonged Exposure Therapy
--	---	---

**YWCA of Genesee County, Inc.** **Phone: (585) 343-7513**

301 North St Batavia, NY 14020	Non-Profit Organization Providing Residential/Non-Residential Services to Domestic Violence Victims <i>All services are free</i>	TF-CBT CPT Trauma Recovery & Empowerment Model
-----------------------------------	--	---

**YWCA of the Niagara Frontier** **Phone: (716) 433-6714**

32 Cottage St  
Lockport, NY 14094

Non-Profit Organization Providing  
Residential Services to Domestic &  
Sexual Violence Victims

*All services are free*

Trauma Recovery &  
Empowerment Model  
Seeking Safety

## Private Practice Clinicians

**Amanda Rudd, LCSW**

**Phone: (585) 410-4790**

[amandaj.rudd@gmail.com](mailto:amandaj.rudd@gmail.com)

250-B Lucius Gordon Dr  
Suite 4B  
West Henrietta, NY 14586

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Private Pay Only, can assist in  
partial insurance reimbursement  
Accepts POMCO insurance  
Sliding-scale available*

EMDR  
TF-CBT

**Amy Hackett – BestSelf**

**Phone: (585) 969-2910**

[Amy.hackett@ymail.com](mailto:Amy.hackett@ymail.com)

140 Pine St  
Hamburg, NY 14075

Clinician at Best Self WNY  
Providing Counseling Services  
*Accepts BCBS, IHA, Medicaid*

TF-CBT  
EMDR

**Amherst Clinical Associates**

**Phone: (716) 633-6863**

Contact: Sandra L. Reinhold,  
PsyD  
5784 Main St  
Williamsville, NY 14221

Private Practice Clinician  
Providing Counseling Services to  
All Ages  
*Accepts BCBS of WNY, BCBS,  
Univera, & IHA*

EMDR  
Exposure Therapy

**Ann Beckley-Forest, LCSW-R, RPT-S**

**Phone: (716) 553-2256**

[ann.beckleyforest@gmail.com](mailto:ann.beckleyforest@gmail.com)

1837 Hertel Ave  
Suite 2  
Buffalo, NY 14216

Private Practice Clinician Providing  
Trauma-Informed & Trauma-  
Specific Trainings  
*Accepts BCBS of WNY, IHA, &  
Fidelis*

EMDR  
TF-CBT  
CPT  
Play Therapy

**Anne Chojnacki, LCSW**

**Phone: (716) 857-1586**

[achojnackilcsw@gmail.com](mailto:achojnackilcsw@gmail.com)

300 Center Rd  
West Seneca, 14224

Private Practice Clinician Providing  
Counseling Services to Adults  
*Accepts BCBS of WNY, IHA, &  
Univera*

EMDR

**Annie Monaco, LCSW-R, RPT**

**Phone: (716) 289-2037**

[annimonacolcsw@gmail.com](mailto:annimonacolcsw@gmail.com)  
4955 North Bailey Ave  
Suite 100  
Amherst, NY 14226

Private Practice Clinician Providing  
Counseling Services & Trainings to  
All Ages  
*Accepts BCBS of WNY, IHA,  
Fidelis, & Medicaid*

EMDR  
Trauma-Sensitive Yoga  
STAIR & Restorative  
Justice  
TF-CBT

**Ashley Schimenti, LMHC**

**Phone: (716) 513-4461**

[ashleyschimentilmhc@outlook.com](mailto:ashleyschimentilmhc@outlook.com)  
338 Harris Hill Rd  
Suite 104  
Williamsville, NY 14221

Private Practice Clinician  
Providing Counseling  
Services to Adults &  
Adolescents

TF-CBT  
Narrative Therapy  
EMDR  
CPT

**Betsy Richards**

**Phone: (716) 866-3130**

[abrich27@aol.com](mailto:abrich27@aol.com)  
884 Brighton Rd.  
Tonawanda, NY 14450

Private Practitioner Serving All Ages  
*Accepts BCBS, IHA, Univera, Medicare  
& Most Medicare Advantage Plans*

TF-CBT  
EMDR  
Internal Family Systems for  
Complex Trauma

**Catherine Broom, LMHC**

**Phone: (716) 725-9717**

[catherinebroomlmhc@gmail.com](mailto:catherinebroomlmhc@gmail.com)  
293 Union Rd  
Suite 2  
Buffalo, NY 14224

Private Practice Clinician  
Providing Counseling Services to  
ages 17 and up  
In person or telehealth  
*Private pay only  
Accepts BCBS of WNY,  
Independent Health, Univera,  
Aetna, Cigna, Fidelis, Nova, and  
Optum*

Progressive Counting

**Center for Clarity, LLC**

**Phone: (716) 430-2524**

**Fax: (716) 568-8229**

Sarah Smith, ACSW, LCSW-R  
[sarahsmith@centerforclarity.com](mailto:sarahsmith@centerforclarity.com)  
88 Breezewood Commons East  
Amherst, NY 14051

Private Practice Clinician Providing  
Counseling Services  
*Accepts Blue Cross/ Blue Shield of  
WNY, Independent Health, Medicare,  
Univera & Sliding-scale available*

EMDR  
SD PTSD Therapy

**Day Cummings, LCSW, RN**  
**507-6281**

**Phone: (716)**

[momsspirit@aol.com](mailto:momsspirit@aol.com)  
Circle of Daughters  
4637 Ironwood Dr  
Hamburg, NY 14075

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Private pay only  
Sliding-scale available*

TF-CBT  
Grief Counseling

**Doreen Nuessle, LCSW-R**

**Phone: (716) 247-5451**

3959 North Buffalo Rd Orchard Park, NY 14127	Private Practice Clinician Providing Counseling Services to All Ages <i>Accepts most insurance plans</i>	EMDR
<b>East Aurora Psychological Services</b>		<b>Phone: (716) 652-8100</b>
Contact: Sue Yaeger, LCSW-R <a href="mailto:sfyeager@yahoo.com">sfyeager@yahoo.com</a> 552 Linden Ave East Aurora, NY 14052	Private Practice Clinician Providing Counseling Services to All Ages <i>Accepts most major insurance plans</i>	EMDR sandr
<b>Elizabeth Davis, LCAT, ATR-BC</b>		<b>Phone: (716) 435-9611</b>
Trauma Institute & Child Trauma Institute 4955 North Bailey Suite 100 Amherst, NY 14226	Private Practice Clinician Providing Counseling Services to All Ages <i>Private Pay</i> <i>Works with Victim's Comp &amp; VOCA</i>	EMDR TF-CBT TF-Art Therapy TF-Play Therapy Progressive Counting Sensorimotor Psychotherapy
<b>Erin Koprevich CRC, LCSW-R</b>		<b>Phone: (716) 573-7026</b>
<a href="mailto:mekoprevich@gmail.com">mekoprevich@gmail.com</a> 2680 Grand Island Blvd. Grand Island, NY 14072	Private Practitioner Serving Adults <i>Accepts most insurance plans</i>	TF-CBT
<b>Frederick Marschner, LCSW, CASAC</b>		<b>Phone: (716) 698-0196</b>
<a href="mailto:frederickmarschner@gmail.com">frederickmarschner@gmail.com</a> 4511 Harlem Road Suite 4 Amherst NY 14226	Private Practice Clinician Providing Counseling Services to 15 and up <i>Accepts most major insurance plans (Medicare)</i> <i>Sliding-scale available</i>	EMDR TF-CBT CPT Progressive Counting
<b>Harmonia Collaborative Care, Inc.</b>		<b>Phone: (716) 947-5025</b>
Contact: Megan Brautlacht, LMHC <a href="mailto:mbrautlacht@harmonia-care.org">mbrautlacht@harmonia-care.org</a> 6722 Erie Rd Derby, NY 14047	Private Practice Clinician Providing Counseling Services to All Ages <i>Accepts most insurance plans</i> <i>Payment plans available</i>	TF-CBT Narrative Therapy EMDR CPT Exposure Therapy ATRIUM Trauma Recovery & Empowerment Model
<b>WNY Holistic Counseling</b>		<b>Phone: (716) 926-6009</b>
<b>Website: <a href="#">Discover Healing and Balance</a>   <a href="#">WNY Holistic Counseling</a></b>		
<a href="mailto:Info@wnyholisticcounseling.com">Info@wnyholisticcounseling.com</a> 5586 Main St, Suite G4 Williamsville, NY 14221	Private Practice Clinician Providing Counseling Services to All Ages	EMDR TF-CBT Narrative Therapy CPT

Seeking Safety  
Trauma Recovery and  
Empowerment Mode

**Jennifer Vande Velde, LCSW-R**

**Phone: (716) 213-7116**

4955 North Bailey Ave  
Suite 100  
Amherst, NY 14226

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Accepts BCBS, IHA, Univera*

EMDR

**Jerry S. Kelly, LCSW-R**

**Phone: (716) 780-5649**

Suburban Psychiatric Associates  
4535 Southwestern Blvd  
Building 700  
Hamburg, NY 14075

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Accepts BCBS, IHA, Univera, &  
Fidelis*

EMDR  
Trauma-Informed  
Counseling

**Julia Fierle, LCSW**

**Phone: (716) 359-6386**

[julia.fierle.lcsw@gmail.com](mailto:julia.fierle.lcsw@gmail.com)  
2429 Lapham Rd  
East Aurora, NY 14052

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Accepts BCBS & IHA  
Possible financial assistance on  
case-by-case basis*

EMDR  
TF-CBT  
Mala Contemplative  
Equine Assisted EMDR

**Healing Herts Counseling Cooperative Group**

**Phone: (716) 601-6440  
Main Office: (716) 601-6220**

Kelly McCall, LCSW-R  
[kelly@healingheartscounselingwny.com](mailto:kelly@healingheartscounselingwny.com)  
78 George Urban Blvd  
Depew, NY 14043  
3960 Harlem Rd Suite 13  
Amherst, NY  
1100 Main St.  
Buffalo, NY 14509

Private Practice  
Clinician Providing  
Counseling Services to  
All Ages  
Accepts most insurance  
plans  
Payment Plans Available

EMDR  
Narrative Therapy  
IFS  
Schema Therapy

**Kerry Apeland, LMHC**

**Phone: (585) 329-0491**

[kerryapeland@gmail.com](mailto:kerryapeland@gmail.com)  
1501 East Ave  
Suite 100  
Rochester, NY 14610

Private Practice Clinician Providing  
Counseling Services to Adults  
*Private pay only*

TF-CBT  
CPT

**Kersis Mauricio-Velez, LMSW**

**Phone: (716) 575-0434**

[Kersisvelez1@yahoo.com](mailto:Kersisvelez1@yahoo.com)  
Amherst Clinical Associates  
5784 Main St  
Williamsville, NY 14221

Private Practice Clinician Providing  
Counseling Services to All Ages

EMDR

**Kim Leiker, LMHC  
608-3956**

**Phone: (716)**

[Kleiker@gmail.com](mailto:Kleiker@gmail.com)  
1780 Wehrle Dr  
Suite 103  
Williamsville, NY 14221

Private Practice Clinician Providing  
Counseling Services to teenagers  
and up  
*Accepts Aetna, Cigna, Fidelis,  
Medicaid, Tricare and some other  
plans*

EMDR  
Trauma-Informed  
Counseling  
Trauma Sensitive Yoga

**Kriss Jarecki, LCSW-R**

**Phone: (716) 913-2832**

**Website: [harmonyhearthis.com](http://harmonyhearthis.com)**

[krissjarecki@harmonyhearthis.com](mailto:krissjarecki@harmonyhearthis.com)  
PO Box 38  
Glenwood, NY 14069

Private Practice Clinician  
Providing Counseling  
Services to Adolescents &  
Adults  
*Accepts most major insurance  
plans  
Sliding-scale available*

EMDR  
Progressive  
Counting

**Laura Thompson, LMHC**

**Phone: (716) 245-4415**

Supportive Solutions Counseling  
4225 Harlem Rd  
Amherst, NY 14226

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Accepts most insurance plans*

EMDR

**Lisa M. Balderman, LCSW-R**

**Phone: (716) 517-4316 x6**

[Lbalderman@baldmermanwellness.com](mailto:Lbalderman@baldmermanwellness.com)  
6556 East Quaker St  
Orchard Park, NY 14127

Private Practice Clinician  
Providing Counseling Services  
to All Ages  
*Accepts BCBS of WNY, IHA,  
and Univera  
Sliding-scale available*

TF-CBT

**Lisa M. Brothwell, PhD**

**Phone: (716) 667-2105**

[lisa@lisabrothwell.com](mailto:lisa@lisabrothwell.com)  
552 Linden Ave  
East Aurora, NY 14052

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Accepts most insurance plans*

EMDR

**Lori Badach, LCSW, PLLC**

**Phone: (716) 639-0314**

[LoriBadachLCSW@loribadachlcs.com](mailto:LoriBadachLCSW@loribadachlcs.com)  
2240 North Forest Rd  
Williamsville, NY 14127

Private Practice Clinician Providing  
Counseling Services to Women  
Only

EMDR

**Maggie Dryer, LCSW-R**

**Phone: (716) 430-0704**

[MaggieDreyer@yahoo.com](mailto:MaggieDreyer@yahoo.com)  
300 Center Rd  
West Seneca, NY 14224

Private Practice Clinician Providing  
Counseling Services to All Ages

EMDR

**Marcy Brimo, LCSW-R**

**Phone: (716) 912-9360**

[marcybrimo@gmail.com](mailto:marcybrimo@gmail.com)  
3960 Harlem Rd  
Suite 6B  
Amherst, NY 14226

Private Practice Clinician Providing  
Counseling Services to Adults  
*Accepts BCBS of WNY, IHA,  
Medicare, & Univera  
Sliding-scale & payment plans  
available*

TF-CBT  
Narrative Therapy  
EMDR  
CPT  
Exposure Therapy  
SIT  
ATRIUM  
Seeking Safety  
DBT  
MBCT  
MBSR

**Mary Beiter, LCSW-R**

**Phone: (716) 545-0314**

[mdbeiter@yahoo.com](mailto:mdbeiter@yahoo.com)  
552 Linden Ave  
East Aurora, NY 14052

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Accepts BCBS of WNY, IHA, and  
Medicare  
Payment plants available*

EMDR  
Progressive Counting

**Nancy Zander, LCSW-R**

**Phone: (716) 777-4700**

4407 South Buffalo St  
Orchard Park, NY 14127

Private Practice Clinician Providing  
Services to All Ages  
*Accepts BCBS, IHA, Community  
Blue, & Univera*

EMDR

**Nicole E. Rizzo-Wolasz, LCSW-R**

**Phone: (716) 228-8205**

[nicolewolasz@gmail.com](mailto:nicolewolasz@gmail.com)  
Phoenix Therapy & Wellness  
337 Cleveland Drive Cheektowaga,  
NY 14215

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Accepts most major insurance plans  
Sliding-scale & payment plans  
available*

EMDR  
Progressive Counting  
TF-CBT  
Exposure Therapy

**Renee Wert, PhD**

**Phone: (716) 478-3581**

406 Linwood Ave  
Buffalo, NY 14209

Licensed Psychologist Providing  
Counseling Services to ages 18+  
*Accepts most major insurance plans*

EMDR

**Seaghan Coleman - Third Wave Psychotherapy**

**Phone: (716) 898-4934**

[seaghan@thirdwavepsychotherapy.net](mailto:seaghan@thirdwavepsychotherapy.net)  
3960 Harlem Rd.  
Suite 6B  
Snyder, NY 14226

Private Practitioner Serving  
Adults  
*Accepts BCBS, Independent  
Health, & Medicare*

Exposure Therapy  
EMDR  
Seeking Safety

**Sean Knoche, LCSW**

**Phone: (716) 379-3637**

[sean@practicalremedy.com](mailto:sean@practicalremedy.com)  
Practical Remedy, LLC  
7071 Boston State Rd  
Hamburg, NY 14075

Private Practice Clinician Providing  
In-Person & Telehealth Services to  
All Ages  
*Accepts Medicaid & Medicare*  
*Sliding-scale available*

Narrative Therapy  
EMDR  
Exposure Therapy  
ATRIUM  
Seeking Safety  
Trauma Recovery &  
Empowerment Model

**Shaun Crimmins, LCSW-R**

**Phone: (716) 650-4797**

[Shaun@samadhita.com](mailto:Shaun@samadhita.com)  
3435 Harlem Road  
Suite 3  
Cheektowaga, NY 14225

Private Practitioner Working with  
Adults  
*Accepts BCBS of WNY, Independent*  
*Health, Univera, United, and Cigna*  
*Sliding scale available*

EMDR  
TF-CBT  
DBT  
Schema Therapy

**Shurmatz Counseling, PC**

**Phone: (716) 217-6112**

Contact: Anna Shurmatz, LCSW-R  
[Anna@shurmatzcounselingwny.com](mailto:Anna@shurmatzcounselingwny.com)  
3435 Harlem Rd  
Suite 3  
Cheektowaga, NY 14225

Private Practice Clinician  
Providing Counseling  
Services to All Ages  
*Accepts most insurance plans*  
*Sliding-scale available*

TF-CBT  
Narrative Therapy  
EMDR  
DBT  
Schema Therapy  
Mindfulness Dissociative  
Disorders

**Stacey C. Stevens, LMHC**

**Phone: (716) 598-0063**

[stacey@scscounseling.org](mailto:stacey@scscounseling.org)  
300 Center Rd  
2<sup>nd</sup> Floor  
West Seneca, NY 14224

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Accepts Fidelis, Cigna, Univera,*  
*Lifetime, United, EAP*  
*Payment plans & military/law*  
*enforcement/student discounts*  
*available*

EMDR

**Stonelea Family Counseling**

**Phone: (716) 390-6095**

Contact: Laurie Krull, LCSW-R  
[stoneleafamily@gmail.com](mailto:stoneleafamily@gmail.com)  
908 Niagara Falls Blvd  
Suite 238  
North Tonawanda, NY 14120

Private Practice Group Providing  
Services to All Ages  
*Accepts BCBS of WNY, IHA,*  
*Fidelis, & Univera*  
*Sliding-scale & payment plans*  
*available*

TF-CBT  
Exposure Therapy  
Trauma Recovery &  
Empowerment Model

**Supportive Solutions Mental Health Counseling**

**Phone: (716) 245-4415**

Contact: Sandra Piwko, LCSW-R  
[sandrapiwkolcswr@gmail.com](mailto:sandrapiwkolcswr@gmail.com)  
55 Harlem Rd  
Amherst, NY 14226

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Accepts BCBS, Univera, & IHA*

EMDR  
Progressive Counting

**Tressa Lloyd, LMHC**

**Phone: (716) 474-0563**

[tressa\\_loyd@yahoo.com](mailto:tressa_loyd@yahoo.com)  
162 Main St  
Hamburg, NY 14075

Private Practice Clinician Providing  
Counseling Services to All Ages  
*Accepts Aetna, Cigna, Fidelis, and  
some other plans*

EMDR  
TF-CBT